



Douglas A. Ducey  
GOVERNOR

**STATE OF ARIZONA**  
**DEPARTMENT OF EMERGENCY AND MILITARY AFFAIRS**

5636 East McDowell Road  
Phoenix, Arizona 85008-3495  
(602) 267-2700 DSN: 853-2700



Major General Michael T. McGuire  
THE ADJUTANT GENERAL

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Public Information Contact:  
Wes Parrell (602) 509-9679

**Governor Proclaims September Arizona Preparedness Month**

*Arizona residents encouraged to prepare for emergencies*

PHOENIX—Governor Doug Ducey proclaimed September *Arizona Preparedness Month* in conjunction with National Preparedness Month, and in an effort to encourage people, businesses and whole communities to prepare for potential emergencies.

“Recent events, like those being experienced in Texas and the other Gulf Coast states, remind us of the devastating impacts of natural disasters and the need for adequate preparedness,” Ducey said. “While Arizona enjoys over 300 days of sunshine, the state is not immune to unpredictable events -- everyone should take steps to plan ahead and prepare for potential emergencies.”

Although Arizona does not experience coastal weather storms, recent response efforts related to Hurricane Harvey remind the public that people who prepare their families and property for emergencies are well poised to respond and recover when a disaster strikes.

The Arizona Department of Emergency and Military Affairs (DEMA) works to reduce the impact of emergencies and natural disasters on people, property and the environment, but it cannot do it alone. Arizonans are encouraged to take the following preparedness steps:

- [Make a Family Communication Plan](#) that includes an out-of-town contact and evacuation route.
- [Build an emergency supplies kit](#) with enough food, water and daily medication(s) to last at least 3 days. Create a smaller, travel-sized kit that you can take in the event of an evacuation.
- [Be informed](#) of local hazards and emergency plans at your work and your children’s school. Contact your local emergency management office to sign up to receive emergency notifications.
- [Inspire others](#) by your positive preparedness example.

DEMA wants Arizonans to have fun with emergency preparedness by participating in the Emergency Kit Cook-Off. Participants are challenged to take a “comfort food” recipe and re-invent it in a nonperishable way using ingredients found in their 72-hour emergency supply kit. The public will have until Saturday, Sept. 30, to submit a recipe to the online cookbook and receive a Kit Cook-Off apron while supplies last. For more information visit [EmergencyKitCookOff.org](http://EmergencyKitCookOff.org).

For statewide emergency updates, preparedness advice and hazards information visit the Arizona Emergency Information Network website at <https://ein.az.gov/>.